**Doffing PPE, N95 Respirator Option** – PPE should be doffed in the designated PPE removal area. Place all PPE waste in a leak-proof infectious [waste container](https://www.cdc.gov/vhf/ebola/healthcare-us/cleaning/waste-management.html).

1. **Engage Trained Observer:** The doffing process should be supervised by the trained observer, who reads aloud each step of the procedure and confirms visually that the PPE has been removed properly. Before doffing PPE, the trained observer must remind healthcare workers to avoid reflexive actions that may put them at risk, such as touching their face. Post this instruction and repeat it verbally during doffing.
2. **Inspect:** Inspect the PPE to assess for visible contamination, cuts, or tears before starting to remove. If any PPE is visibly contaminated, then disinfect using an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html).
3. **Disinfect Outer Gloves:** Disinfect outer-gloved hands with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR.
4. **Remove Apron (if used):** Remove (e.g., by breaking or untying neck strap and releasing waist ties) and roll the apron away from you, containing the soiled outer surface as you roll; discard apron taking care to avoid contaminating gloves or other surfaces.
5. **Inspect:** After removing the apron, inspect the PPE ensemble for visible contamination or cuts or tears. If visibly contaminated, then clean and disinfect any affected areas by using an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html).
6. **Disinfect and Remove Outer Gloves:** Disinfect outer-gloved hands with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR. Remove and discard outer gloves, taking care not to contaminate inner gloves during removal process.
7. **Inspect and Disinfect Inner Gloves:** Inspect the inner gloves’ outer surfaces for visible contamination, cuts, or tears. If an inner glove is visibly soiled, then disinfect the glove with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR, remove the inner gloves, perform hand hygiene with ABHR on bare hands, and don a new pair of gloves. If no visible contamination is identified on the inner gloves, then disinfect the inner-gloved hands with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR. If a cut or tear is detected on an inner glove, immediately review occupational exposure risk per hospital protocol.
8. **Remove Face Shield:** Remove the full face shield by tilting the head slightly forward, grasping the rear strap and pulling it gently over the head and allowing the face shield to fall forward, then discard. Care must be taken not to touch the face when removing the face shield. Avoid touching the front surface of the face shield.
9. **Disinfect Inner Gloves:** Disinfect inner gloves with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR.
10. **Remove Surgical Hood:** Unfasten (if applicable) surgical hood, gently remove, and discard. The doffing assistant or “buddy” can assist with unfastening hood.
11. **Disinfect Inner Gloves:** Disinfect inner gloves with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR.
12. **Remove Gown or Coverall:** Remove and discard.
    1. Depending on gown design and location of fasteners, the healthcare worker can untie fasteners, have the doffing assistant or “buddy” unfasten the gown, or gently break fasteners. Avoid contact of scrubs or disposable garments with outer surface of gown during removal. Pull gown away from body, rolling inside out and touching only the inside of the gown.
    2. To remove coverall, tilt head back to reach zipper or fasteners. Unzip or unfasten coverall completely before rolling down and turning inside out. Avoid contact of scrubs with outer surface of coverall during removal, touching only the inside of the coverall.
13. **Disinfect Inner Gloves:** Disinfect inner gloves with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR.
14. **Remove Boot Covers:** Sitting on a clean surface (e.g., second clean chair or clean side of a bench) pull off boot covers, taking care not to contaminate scrubs pants legs.
15. **Disinfect and Change Inner Gloves:** Disinfect inner gloves with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR.
    1. Remove and discard gloves taking care not to contaminate bare hands during removal process.
    2. Perform hand hygiene with ABHR.
    3. Don a new pair of inner gloves.
16. **Remove N95 Respirator:** Remove the N95 respirator by tilting the head slightly forward, grasping first the bottom tie or elastic strap, then the top tie or elastic strap, and remove without touching the front of the N95 respirator. Discard N95 respirator.
17. **Disinfect Inner Gloves:** Disinfect inner gloves with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR.
18. **Disinfect Washable Shoes:** Use an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) to wipe down every external surface of the washable shoes.
19. **Disinfect and Remove Inner Gloves:** Disinfect inner-gloved hands with either an \*[EPA-registered disinfectant wipeexternal icon](http://www.epa.gov/oppad001/list-l-ebola-virus.html) or ABHR. Remove and discard gloves taking care not to contaminate bare hands during removal process.
20. **Perform Hand Hygiene:** Perform hand hygiene with ABHR.
21. **Inspect:** Both the trained observer and the healthcare worker perform a final inspection of healthcare worker for contamination of the surgical scrubs or disposable garments. If contamination is identified, the garments should be carefully removed and the wearer should shower immediately. The trained observer should immediately inform infection preventionist or occupational safety and health coordinator or their designee.
22. **Scrubs:** Healthcare worker can leave PPE removal area wearing dedicated washable footwear and surgical scrubs or disposable garments, proceeding directly to showering area where these are removed.
23. **Protocol Evaluation/Medical Assessment:** Either the infection preventionist or occupational health safety and health coordinator or their designee should meet with the healthcare worker on a regular basis to review the patient care activities performed, identify any concerns about care protocols, and record healthcare worker’s level of fatigue.